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GIVE GABE A CHANCE

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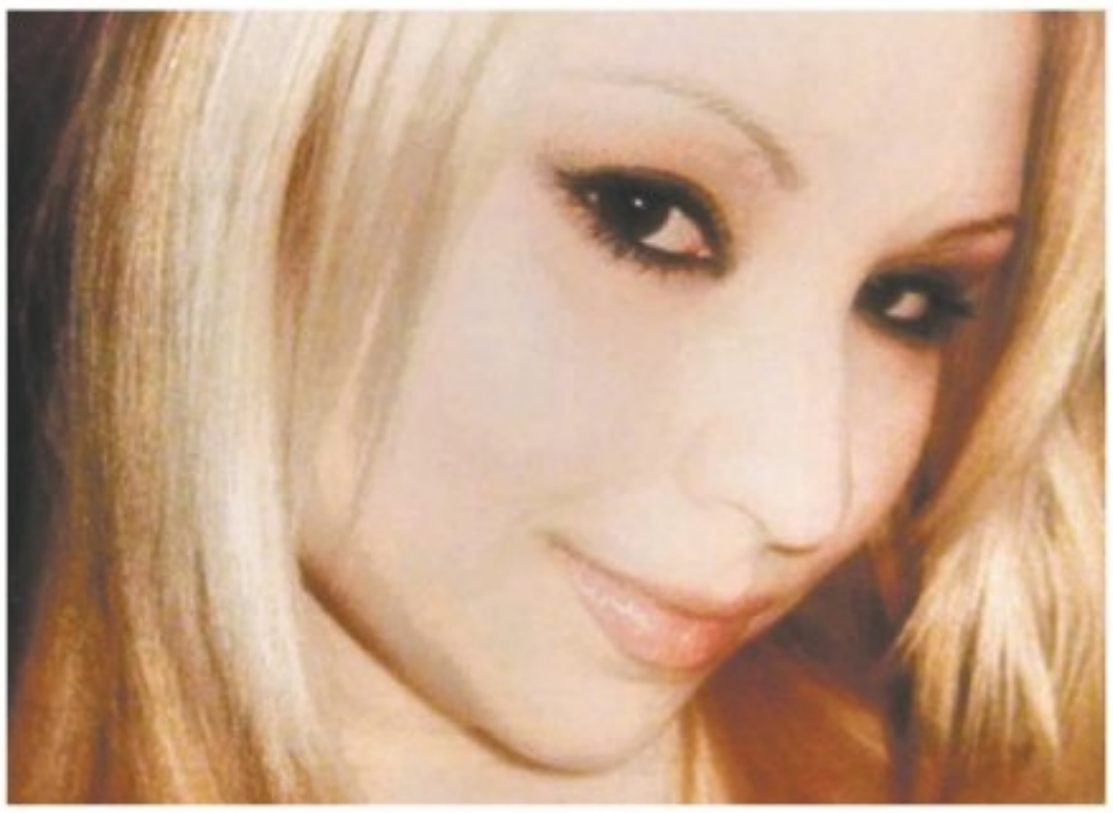

CAUSE OF DEATH?

The Police Advisory Commission's recent review of a Philly cop's girlfriend's death, deemed a suicide, found that investigators violated multiple protocols. Now her family wants the truth. 4

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SAM NEWHOUSE, REPORTER

In 2012, Erica Koschman died in what was determined to be a suicide. But a civilian oversight board recently found that investigators violated multiple protocols, and that Erica was being abused by her boyfriend, an active-duty Philly cop. Now what? Read more inside on page 4 and at **metrophilly.us.**

JUDGE REJECTS CASE ON MARIJUANA PROHIBITION

A federal judge on Monday dismissed a lawsuit seeking to overturn the longstanding prohibition of marijuana on the grounds that the ban was unconstitutional, with the judge finding that the issue could not be decided by the court. District Judge Alvin Hellerstein in Manhattan ruled that the lawsuit must be dismissed because the plaintiffs had failed to use procedures within the Drug Enforcement Administration to challenge the ban. Hellerstein said his decision "should not be understood as a factual finding that marijuana lacks any medical use in the United States," but rather that the authority to make that decision lies with the DEA, not the court. The plaintiffs include the parents of two children who use marijuana to treat illness, and former NFL player Marvin Washington, who works with a company that develops marijuana-based products.

BILL COSBY'S DAUGHTER ENSA DIES AT AGE 44

2 Bill Cosby's daughter Ensa Cosby, who came to her father's defense last year against accusations that he had sexually assaulted numerous women over the years, has died at age 44 from a chronic kidney ailment, a family spokesman said on Monday. Ensa Cosby, the second-youngest of the entertainer's five children and the third of his four daughters, "recently died from renal disease," according to the spokesman, Andrew Wyatt. But he declined to give further details about the circumstances of her death. "The Cosby family thanks many people for their prayers for their beloved and beautiful Ensa," he said in a statement. The celebrity news website TMZ reported that Cosby's daughter died on Friday night in Massachusetts.

25TH ANNIVERSARY OF 1993 WTC BOMBING MARKED AT 9/11 MEMORIAL

3 Flowers were placed on the names inscribed on the north reflecting pool of the National September 11 Memorial for those killed in the Feb. 26, 1993, truck bomb attack at the World Trade Center on Monday in New York City. An annual memorial service was held on the 25th anniversary of the attack to mark the event in which six people were killed and more than 1,000 injured. The bomb, which exploded in an underground parking garage, was set off by Muslim extremists who were later brought to justice. On Sept. 11, 2001, the World Trade Center was attacked again.

GETTY IMAGES

5 THINGS YOU NEED TO KNOW

APPLE PLANS BIGGEST IPHONE YET FOR 2018

4 Apple Inc. is preparing to release three new smartphones later this year, including the largest iPhone ever, a device that may have a bigger display than archrival Samsung's flagship phone, Bloomberg reported on Monday, citing people familiar with the products. The trio also includes an upgraded handset, the same size as the current iPhone X, and a less expensive model with some of the X's key features. The new phones could revive the screen size wars of years past at a time when smartphone makers are straining to come up with new features to lure buyers in a saturated market. Bloomberg reported the largest iPhone could have a screen of close to 6.5 inches, larger than the 6.2-inch Samsung Galaxy S9 Plus announced on Monday in Barcelona, Spain, and larger than the current Samsung Note 8's 6.3-inch screen.

'PHARMA BRO' ACCOUNTABLE FOR $10.4M LOSSES

5 Former drug company executive Martin Shkreli will be held responsible for $10.4 million in financial losses when he is sentenced for defrauding investors, a federal judge ruled on Monday, rejecting his argument that he did not cause any losses because his investors eventually came out ahead. The ruling from District Judge Kiyo Matsumoto could mean more prison time for Shkreli, since the amount of financial loss plays a major role in federal sentencing guidelines. While Matsumoto must consider the guidelines at the sentencing, which is scheduled for March 9, she is not bound to follow them. Shkreli has been in jail since September, when Matsumoto revoked his bail after he offered a $5,000 bounty for a strand of Hillary Clinton's hair in a Facebook post.

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Adding Warmth, Compassion to Infertility Care

WRITTEN BY
Amy Smith

Bringing a baby into your home is meant to be a special time, but for many, infertility turns it into a time of stress and uncertainty. Roughly one in every 6-7 couples run into difficulties conceiving, but the silver lining is that, with the right care, many go on to achieve healthy pregnancies.

"Couples who are struggling with infertility have so much on their plates, both emotionally and physically," says Dr. Ben Gocial, an infertility specialist at Main Line Fertility. "In addition to offering the most cutting-edge treatments, we also prioritize patient comfort and well-being—we lead with compassion so that our patients never feel like just another number."

When warmth and kindness are taken out of the equation, fertility clinics feel cold and uninviting. Instead of feeling like you're taking positive steps toward starting a family, office visits take on a "medical procedure" vibe that's anything but welcoming. How are couples supposed to feel confident and at ease in an environment like that? What's more, it isn't uncommon for clinics to put exhausted patients through a barrage of unnecessary medical tests for the sole purpose of turning a profit.

"Safety always comes first, and we'll certainly order diagnostic testing if it's necessary, but we don't bombard patients with a hundred tests that they don't really need. They're going through enough as it is, why add another stress and expense?" says Dr. Gocial. "I'm not out to waste their time or money. My goal is to help couples start a family as quickly and cost-effectively as possible."

Main Line Fertility stands out from the pack because it invites the patient into the process. There's never one right path to starting a family—instead, the journey is different for every person. Dr. Gocial and his team understand the challenges these couples are up against, treating each and every patient with the kindness, respect and warmth they deserve.

Choosing Main Line Fertility means getting the best treatment in a cozy, empathetic environment; the best of both worlds. This is the case for each and every patient, including same-sex couples and members of the LGBT community, many of whom face discrimination from less open-minded clinics.

"Our treatments are effective because they're based on today's cutting-edge science, but what makes us different is that we deliver these treatments in a way that makes patients feel cared for, valued and respected," says Dr. Gocial.

He's no stranger to helping those struggling to conceive. Dr. Gocial has been on the forefront of fertility medicine for more than 30 years. He understands the challenges his patients are facing and the fact that no two cases are alike. Instead, the best fertility treatment plan is one that's custom made for each individual.

At Main Line Fertility, patients have a lot of options. For some, this translates to donor egg and gestational carrier services. Others can opt for a sperm donor with or without intrauterine insemination (IUI). Dr. Gocial and his team also offer more basic fertility treatments, like using ultrasound technology to help you optimally time intercourse, along with more advanced treatments, like in vitro fertilization (IVF).

"Our patients have a lot of options, so our goal is to tailor a comprehensive treatment plan that gives each patient the absolute best chance of conceiving with as little stress as possible," adds Dr. Gocial.

Main Line Fertility currently has active locations in Paoli, West Chester, Philadelphia, and Bryn Mawr.
To learn more, visit www.mainlinefertility.com.

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Investigation of Philly cop's girlfriend's 'suicide' was botched, review board finds

A Police Advisory Commission review said the 2012 investigation into Erica Koschman's death violated multiple protocols.

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Sharon Koschman holds a picture of her daughter, Erica, who died on Jan. 12, 2012, in an incident that was determined to be a suicide. RANDI FAIR

In December 2011, Erica Koschman posted this photo to Facebook after telling hospital staff that she had been assaulted by her boyfriend. FACEBOOK

A civilian oversight agency's review of the death of a woman in an abusive relationship with a Philly cop raises serious questions about the official finding that she killed herself, experts say.

But it remains unclear if any action will be taken related to Philadelphia's Police Advisory Commission (PAC) review of the death of Erica Koschman, 29, inside a home she shared with Philly cop Joseph Sanchez.

"I had just gotten off the phone with her. She said she was coming home," Sharon Koschman, the victim's mother, recalled in a crowded Dunkin' Donuts in Northeast Philly. "Nineteen minutes later, I get a phone call from her cell number, and it's him, screaming at me that Erica killed herself."

Koschman never accepted the medical examiner's official finding that her daughter's death was a suicide. In July 2017, PAC's then-interim Executive Director Erica Atwood issued recommendations related to the investigation to Police Commissioner Richard Ross.

"Every suicide/homicide investigation, including those where the partner or spouse of the decedent is an officer, should be treated according to protocol and uniformly," PAC wrote in its recommendations.

According to the commission's review, that did not happen in the case of Erica's death.

PAC noted missteps such as the fact that officers almost immediately treated the death as a suicide, Sanchez's history of abusing Erica was ignored, crime scene blood spatter may have contradicted Sanchez's account of the death, his hands were not tested for gunshot residue, and he was allowed to "roam" the house as police investigated.

"There are serious questions raised about the integrity of the police investigation into her death," said civil rights attorney David Rudovsky after reviewing the PAC report.

In his response to PAC's recommendations, Police Commissioner Richard Ross wrote, "I agreed that standard protocols should be established and implemented when conducting suicide investigations."

But Ross and the police department did not respond to requests for comment on whether they would reinvestigate Erica's death. The Philadelphia DA's office has the authority to potentially reopen old investigations, but as policy can neither confirm nor deny any pending investigation. (Sanchez could not be reached for comment.)

"The evidentiary findings at the scene are not consistent with the account given by the reporting party [Sanchez]," said Professor Kimberlee Moran, director of forensic science at Rutgers University-Camden. "It sounds like the spatter is all around ground level, yet he says she was standing in the doorway. ... Statistically, it's pretty rare for females to commit suicide with a gun."

Friends of Erica denied she was suicidal. "The fact that it says suicide — it bothers me every day. Anyone who's ever met Erica knows better," said friend Tara Selletti. "At the funeral, all of us came together and shared stories. ... It just spelled out a long history of abuse."

Sharon Koschman stated that she is not accusing anyone of anything, but she just wants to know what really led to her only daughter's death.

"I don't know if he did this, if it was an accident. You don't know what story to believe," she said. "All I want is the truth."

Flawed investigation?

Police did not investigate the "documented history of domestic violence involving Koschman and Sanchez," PAC wrote.

Beyond Erica reporting to friends that Sanchez had thrown his cell phone at her face and shot his gun into their mattress, she also went to Nazareth Hospital on Dec. 16, 2011, with complaints of being abused by her boyfriend.

"Once police were called to respond, she refused to press charges," PAC wrote. "One nurse reported that 'patient was crying,' 'a man was on the telephone yelling profanities at her,' and 'afraid to call police because boyfriend is a police officer.'"

Erica later posted pictures of her bruised legs and told friends Sanchez had shoved her down a flight of stairs while she was carrying a Christmas tree.

On the day of her death, Erica "had scheduled an appointment for Sanchez with the PPD assistance program for counseling," PAC wrote.

Sanchez gave two accounts of Erica's death. He told police that Erica had tried to overdose on sleeping pills and vomited. Later, he saw her holding his gun in the bedroom doorway, ran away, and heard a shot.

He told a fellow officer a different version. "Erica had his service gun in her hand. He tried to get it away from her but couldn't. The gun went off and 'it was a mess,'" Sanchez told his fellow officer, according to PAC.

Retired police Det. John McDermott said in one interview "that he was bothered by the fact that the blood spatter did not match the account that Sanchez had given," PAC wrote.

Additionally, sleeping pills were not found in post-mortem toxicology reports.

TIMELINE

- **May 2010:** Erica Koschman and police Officer Joseph Sanchez begin a relationship and eventually move in together in the 25th District, where Sanchez was assigned.
- **Dec. 16, 2011:** Koschman goes to Nazareth Hospital complaining of being abused by her boyfriend, but refuses to make a police report. She tells friends she was shoved down the stairs while carrying a Christmas tree.
- **Jan. 12, 2012:** Koschman has scheduled a counseling appointment for Sanchez, and calls her mother saying she is moving home. Around 1:30 p.m., Koschman dies from a gunshot wound to the dead, which the Philadelphia Police Department and Medical Examiner's Office determine to be a suicide.
- **Jan. 23, 2015:** The Police Advisory Commission opens an inquiry into Koschman's death.
- **Sept. 21, 2016:** Sanchez files a lawsuit against 6ABC for defamation and libel related to an interview with Sharon Koschman, and claims that, contrary to Nazareth Hospital records, "There was no history of domestic violence ... there is no hospital emergency room report indicating domestic violence-related injuries." The lawsuit is later withdrawn for unspecified reasons. Sanchez's lawyer and 6ABC did not respond to requests for comment.
- **July 27, 2017:** PAC releases recommendations that the police department follow standard protocols in investigations of deaths that involve officers, which they establish did not occur in this case.

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Brian P. Meehan was formally stripped of his law license three months after pleading guilty to paying for sex with an underage trafficking victim. PROVIDED

Philly lawyer who paid for underage sex now disbarred

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Brian P. Meehan allegedly had sex with a 14-year-old trafficking victim in his Center City office.

SAM NEWHOUSE
sam.newhouse@metro.us

The Philadelphia lawyer who pleaded guilty to paying for sex with a 14-year-old trafficking victim in his Center City office has formally been disbarred.

Brian P. Meehan, 59, of Berwyn, was formally disbarred as of Feb. 22, retroactive to Nov. 6, the Pennsylvania Supreme Court has announced. Meehan also submitted a statement of resignation to the court.

Meehan is currently serving a two- to four-year sentence with eight years probation after pleading guilty to statutory sexual assault and related charges for paying to have sex with a 14-year-old female human trafficking victim inside his office at One Penn Center. Out of dozens of men she was forced to have sex with, the victim only could identify Meehan.

The victim, a Germantown native, was trafficked to Camden and Georgia before being arrested on theft charges and then interviewed by federal investigators about her history of abuse, according to the Philly DA's office.

The victim was only able to identify Meehan out of dozens of men she had sex with, a grand jury presentment from the Philadelphia DA's office said, because she remembered his name being on the door of his office at his former firm, Bishop, Dorfman, Lazaroff & Meehan, and because he referred to himself by his last name.

Investigators searched Meehan's office in October 2014 after interviewing the victim. DNA tests were positive for Meehan's sperm on his office couch and rug, where the victim said forced vaginal and oral sex took place, prosecutors said.

The victim also said Meehan forced her to have sex in the 12th-floor conference room, and bragged to her about his penchant for underage girls, telling her "he liked younger girls" and that the youngest girl he ever had sex with was 12, according to the grand jury presentment.

Meehan was fired from his firm, surrendered to authorities and in November pleaded guilty to involuntary deviate intercourse, statutory sexual assault, promoting prostitution of a minor, and corrupting the morals of a minor. He will be registered as a sex offender.

Prosecutors said the victim was trafficked by Shante Fenning and Robert Harris, who allegedly knew the victim, kidnapped her after school and forced her to have sex with around 20 men a week out of a home at Germantown and Harvey street, just blocks from where she lived, even as her family reported her missing to police.

Meehan, a criminal defense and personal injury attorney, reportedly knew the couple after representing them in an unrelated case. Fenning got six to 12 years in prison and 10 years probation. Harris got 14 to 28 years incarceration and eight years of probation.

President Trump is reviewing gun control options in response to the recent Florida school shooting. GETTY IMAGES

'Don't worry about the NRA,' Trump tells governors

Trump criticized the law enforcement officers who responded to the recent school shooting.

President Donald Trump plans to discuss gun legislation with lawmakers this week, the White House said Monday, and he told governors not to worry about the National Rifle Association as they mull responses to the massacre of 17 people at a Florida high school.

"Don't worry about the NRA. They're on our side," Trump told more than 35 governors, including Rick Scott of Florida, during a White House meeting. "If they're not with you, we have to fight them every once in a while. That's OK. They're doing what they think is right."

The Feb. 14 massacre of students and educators at Marjory Stoneman Douglas High School in Parkland, Florida, by a gunman with a legally purchased semiautomatic rifle reignited the nation's long-running debate over gun rights.

Trump, a Republican who backed gun rights during and since his 2016 presidential campaign, has been under pressure to show he is responding without alienating Republicans who oppose restrictions on gun rights. He plans to meet with lawmakers from both parties on Wednesday, White House press secretary Sarah Sanders said at a news briefing.

Trump, who had lunch with senior NRA officials on Sunday, on Monday repeated his suggestion that arming teachers could help stop more rampages. He did not mention raising the legal age to buy assault rifles to 21, an idea he emphasized last week and one that Florida's Scott, also a Republican, backed after the rampage.

The NRA could not be reached for immediate comment.

"If they're not with you, we have to fight them every once in a while. That's OK."

President Trump

Investigators said this month's assault was carried out by Nikolas Cruz, a 19-year-old former student at the high school, with a legally purchased AR-15 assault weapon.

The shooting has rattled long-drawn political lines on gun rights in the United States, where Republican officials have often backed any efforts to tighten gun ownership rules, partly out of concern about retribution by the powerful NRA.

Washington Gov. Jay Inslee, a Democrat, told Trump that teachers in his state do not want to carry weapons.

"I have listened to the first-grade teachers who don't want to be pistol-packing first-grade teachers," Inslee said. "Let's just take that off the table and move forward."

But Texas Gov. Greg Abbott, a Republican, said more than 100 school districts in his state have trained teachers and other staff to carry a weapon and respond to attacks.

"Some school districts, they promote it," Abbott said. "They will have signs out front, a warning sign, 'Be aware there are armed personnel on campus.'"

Florida plans to invest $500 million to have a significant law enforcement presence in every public school in the state, Scott told the White House meeting.

An armed school resource officer stationed at the school stayed outside during the attack, and has since resigned. Broward County Sheriff Scott Israel has been criticized for his department's response to the shooting.

"The way they performed was, frankly, disgusting," Trump said, adding that he believed that if he were in the same situation, he would have run into the school "even if I didn't have a weapon."

He has called the school resource officer, Scot Peterson, a "coward."

An attorney for Peterson defended his actions in a statement, saying he had remained outside because he believed the gunfire was occurring outside the school. REUTERS

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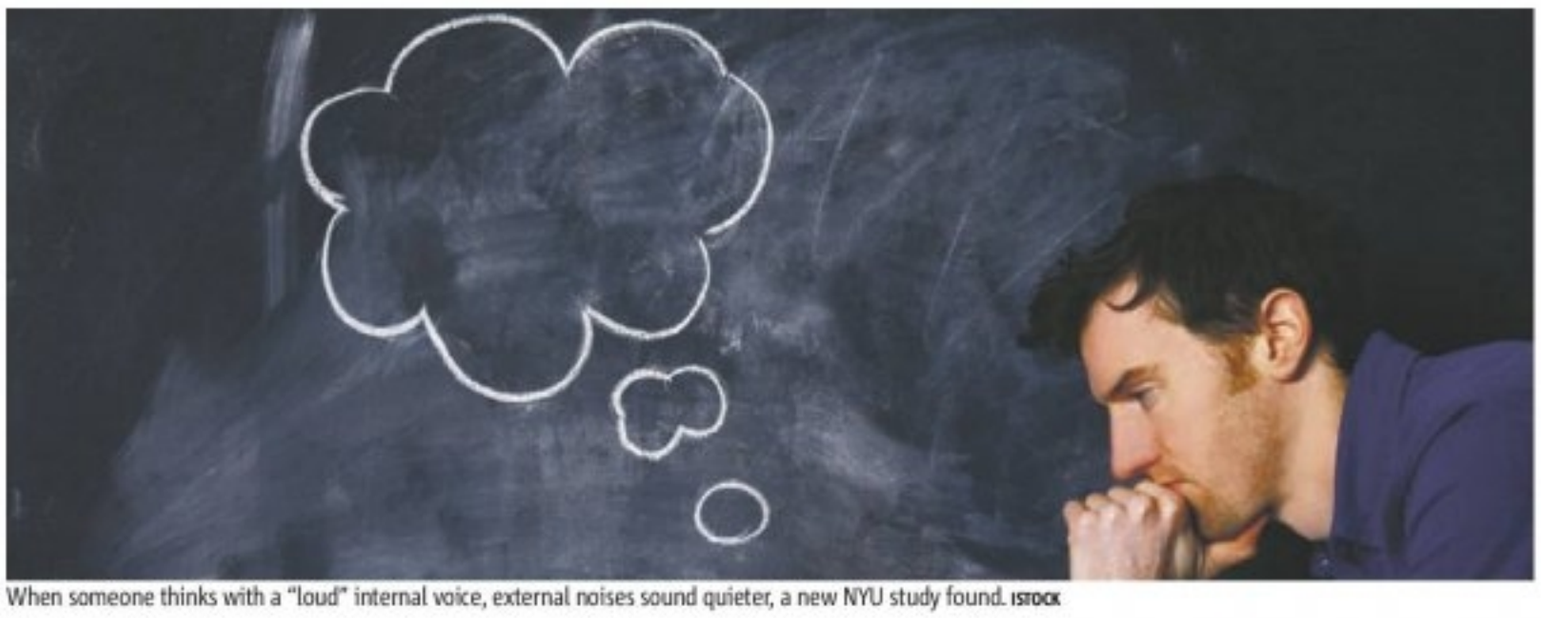

When someone thinks with a "loud" internal voice, external noises sound quieter, a new NYU study found. ISTOCK

New study: The 'loudness' of our thoughts changes how we hear sounds

Research out of New York University shows a connection between how loud our internal voices are and how well we hear external noises.

KRISTIN TOUSSAINT
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Have you ever been so focused on your thoughts that you didn't hear a noise? Or been somewhere so loud you couldn't hear yourself think?

It's not just hyperbole. There actually is a connection between how loud your internal voice is and how loud you perceive the external world, a new study finds.

Researchers at New York University, NYU Shanghai and Zhejiang University in China recently published their findings in a paper called "Imagined speech influences perceived loudness of sound."

David Poeppel, a professor of psychology and neural science at NYU who was involved in the research, said that this helps us better understand how our own brains work.

"What the study is actually about is testing something very specific about how speech production works," he said. "When your thoughts are translated into words — when you plan on saying them — you plan even how loud something's going to be. You can use that as a test to figure out how loud you experience the environment."

For the study, researchers asked people to think of a word and say it either very loudly or very quietly to themselves. Participants never said anything out loud or even moved their mouths, he noted, just simply shouted something in their head.

Researchers then played a tone out loud and the participants had to rate how loud that noise seemed on a scale of one to 10.

When someone thinks with a "loud" internal voice, external noises sound quieter, the study found.

"Suppose I ask you to please shout 'cat' in your head, then right afterward I play a sound. You'll actually imagine that sound to be soft, because the sound in your head is so loud," Poeppel explained. "And vice versa, if you imagine saying it softy, you imagine the [external] sound to be louder."

Researchers repeated the experiment multiple times, using just behavioral ratings from the participants and then using two different kinds of brain imaging technology during the process. The results were the same each time.

"The idea is when you turn a thought into a word, when you're planning to say it, before you've even moved your lips or tongue or anything, it's already been turned into a sound," Poeppel said. "It's been turned into a sound in the future, basically."

These findings could help influence a lot of further research on everything from stuttering to schizophrenia, but are important mainly because they move us closer to understanding "how our brains work and how they interact with the external world," he said.

That interaction may end up being distracting sometimes. This may show that loud noises in the world are "competing" with the noises in our heads, Poeppel said — so the next time someone yells at you when you're lost in thought, you can honestly say you didn't hear them.

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Kratom: What is it, and why is it all over the news?

The Asian herb is believed to be responsible for a salmonella outbreak in 20 states.

MEAGAN MORRIS
letters@metro.us

The U.S. Centers For Disease Control announced that they've determined the source of a multistate salmonella outbreak that sickened 28 people in 20 states — and it has nothing to do with raw chicken.

According to the CDC, the only connection the 28 people had consumed kratom in either a pill, tea or powder before experiencing the side effects of salmonella poisoning — like diarrhea, abdominal pain, fever and chills — that put 11 in the hospital.

What is kratom?

Kratom is an herb with roots in Southeast Asia that, while not as known as the other herb marijuana, is rapidly gaining in popularity. It binds to the same opiate receptors as morphine, making it an appealing alternative to highly addictive opioids — or to help those detoxing from heroin or painkillers.

However, opponents say the herb, though natural, is no better than the alternative.

"People are using kratom to get off opioids, when in fact it is opioids," U.S. Food and Drug Administration spokesperson Lyndsay Meyer told CBS MoneyWatch.

"Heroin comes from a plant. Just because it comes from a plant doesn't mean it's safe."

The drug is responsible for at least 44 deaths, according to the FDA, and the number of reports to poison control centers regarding the herb increased 10-fold between 2010 and 2015.

Withdrawal from the herb — also known as thang, kakuam, thom, ketom and biak — is known to cause seizures and liver damage. And the herb isn't regulated, meaning that shipments coming from other countries can potentially include unknown chemicals and additives that could cause more harm — like salmonella outbreaks.

"Patients addicted to opioids are using kratom without dependable instructions for use and more importantly, without consultation with a licensed health care provider about the product's dangers, potential side effects or interactions with other drugs," FDA Commissioner Scott Gottlieb wrote in November.

Is kratom legal?

Kratom is technically legal, but a few cities and states have either outright banned it or only allow its use in people 18 or older.

The FDA and the U.S. Drug Enforcement Agency have been mulling over a complete ban of the herb, though those efforts are currently on hold.

"Scientific data we've evaluated about kratom provides conclusive evidence that compounds contained in kratom are opioids and are expected to have similar addictive effects as well as risks of abuse, overdose, and in some cases, death," FDA Commissioner Scott Gottlieb said in a recent statement.

However, the American Kratom Association says that it's no more dangerous than any other legal drug.

"Although the primary alkaloids of kratom, MG and 7-OH-MG, may demonstrate some characteristics considered for controlled substance scheduling, as do many other products including caffeine, nicotine, some antihistamines, and alcohol, despite decades of widespread consumption, there does not appear to be a public health risk that would warrant their scheduling," the AKA wrote in November 2017.

Kratom is responsible for at least 44 deaths, according to the FDA. GETTY IMAGES

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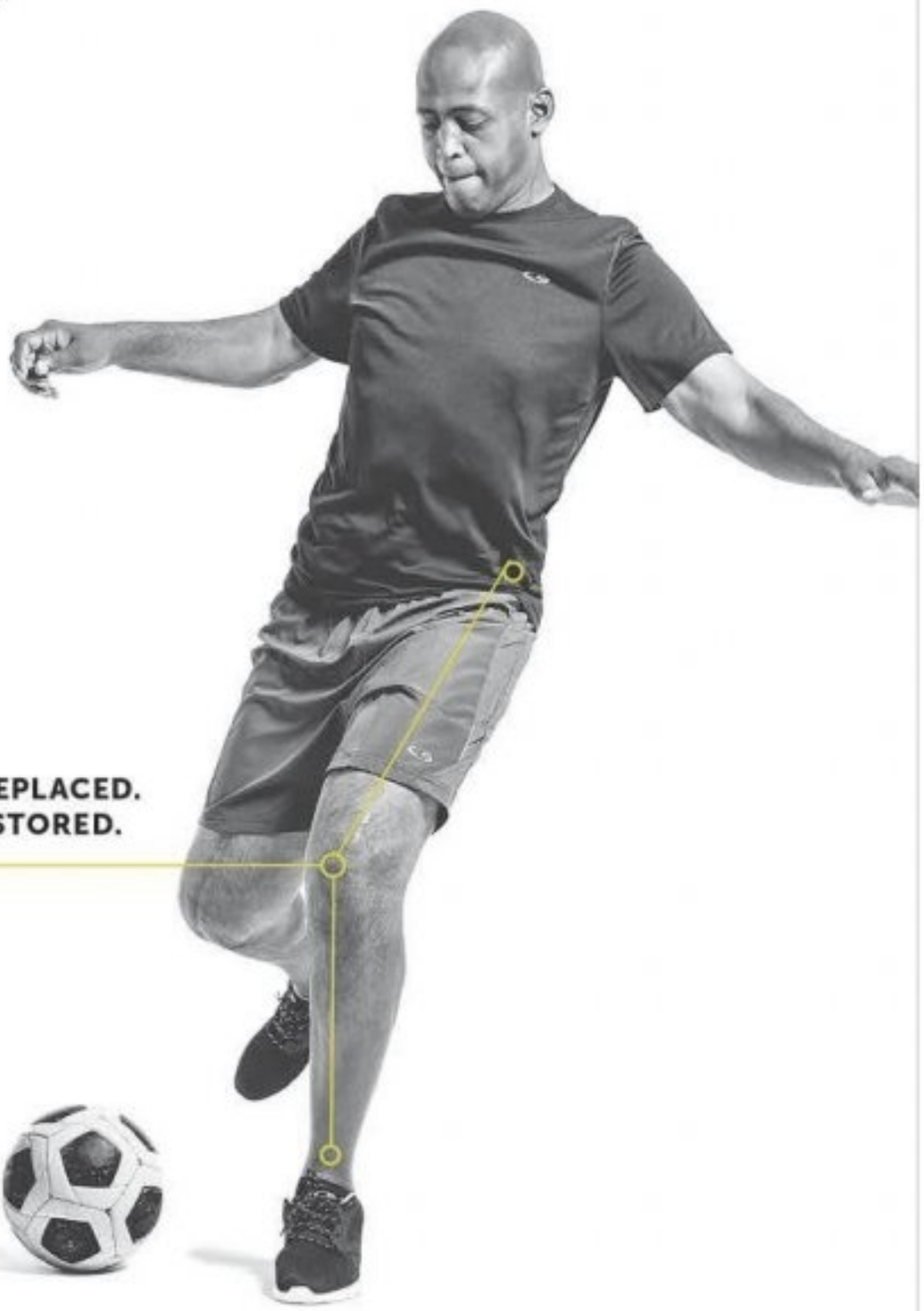

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Michelle Obama slated to release 'deeply personal' memoir in November

Michelle Obama speaks during a campaign rally for Hillary Clinton. GETTY IMAGES

We all know the former first lady has those Michelle Obama arms — they're the arms that kept Barack steady for two presidential terms and pushed us to get active. And now, to get us reading, she's releasing a memoir entitled, "Becoming."

In Feb.ruary 2017, word broke out that the Obamas signed a joint book deal with Penguin Random House worth $65 million — but Barack has yet to disclose information about his upcoming memoir.

Michelle's memoir "Becoming" is set for release on Nov. 13 through Crown Publishing Group, a division of Penguin Random House, which she announced via Twitter Sunday night. This will be Michelle's second book — her first, "American Grown," was published in 2012.

The book will be "published simultaneously in 24 languages around the world," Crown Publishing wrote in a statement. "Becoming," which is described as a "deeply personal reckoning," will also be released as an audio book narrated by the former first lady.

Michelle's memoir will discuss her childhood on the South Side of Chicago, her time in the White House and … Ellen?

"As first lady of the United States of America — the first African-American to serve in that role — she helped create the most welcoming and inclusive White House in history," the website of Michelle's memoir stated.

"I hope my journey inspires readers to find the courage to become whoever they aspire to be," she wrote on Twitter. "I can't wait to share my story." SAM BRODSKY

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Trump administration continues to quietly weaken Obamacare

President Trump has worked to undermine Obamacare. GETTY IMAGES

With the country fixated on the gun-control debate and Russia investigation, the Trump administration has quietly continued to weaken the Affordable Care Act, publishing new regulations that would allow skimpy "short-term" insurance plans to be sold and enable insurers to discriminate against people with preexisting conditions.

Last week, the Health and Human Services Department published new rules expanding access to short-term plans, which were intended to cover short gaps in coverage, such as between jobs, reports Vox. Under the Obama administration, the plans could only be sold for 90 days. The Trump rules allow them to be sold for one year.

Short-term plans don't have to comply with several provisions of the Affordable Care Act, such as providing for preventative or maternity care. They can refuse coverage for preexisting conditions. And they don't have to cap consumers' out-of-pocket costs at $7,350 a year.

"These proposed short-term plans would actually be long-term scams," said Brad Woodhouse, director of the Protect Our Care campaign. "The Trump Administration wants to let insurance companies sell skimpy plans to unwitting Americans and then leave them holding the bill. … And if you're among the one in four Americans who has a preexisting condition, today's news is especially bad: These skimpy plans will once again allow insurers to discriminate against you based on your medical history." MICHAEL MARTIN

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For Duncan Jones, Netflix is the future

Talking with the "Mute" director about the death of original stories in Hollywood.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Alexander Skarsgård stars as Leo in the sci-fi mystery. NETFLIX

When Duncan Jones was taking the first tentative steps of his directing career, he envisioned "Mute" as his debut film.

But Hollywood works in mysterious ways. If "Mute" had been made when Jones and Michael Robert Johnson had written it in 2002, it would have been a contemporary gangster film, set in London in the mold of "Sexy Beast" and "Layer Cake."

Jones couldn't find funding, though. So instead, he made "Moon," which hit cinemas in 2009 and launched a career that has seen Jones write and direct the acclaimed "Source Code" and the international hit adaptation of the video game "Warcraft."

GETTY IMAGES

Over this 16-year period, "Mute" changed drastically. By the time it had been bought by Netflix, the film was set in near-future Berlin, had an international cast and was heavily inspired by sci-fi films like "Blade Runner."

With the film now available to stream on Netflix, we chatted with the filmmaker about its release, streaming versus big screen and the death of original Hollywood movies.

Talk about working with Netflix on "Mute."
After three-and-a-half years of "Warcraft" politicking and battling, my producer, Stuart Fenegan, managed to get his foot in the door. We pitched it to them, they liked it, and told us to go for it.

Did you change your approach for Netflix?
No. I've seen a few directors whose names I won't mention say they shoot things one way or another, and would never shoot things meant for TV in the same way as film. I don't get that. If either you or your mate has a decent TV and a decent sound system you can get the theatrical experience at home. I'm not going to shoot something to make it work for TV, because I think that's daft.

Would this version of the film ever have been made by a Hollywood studio?
It couldn't get made for the studio. We tried. The studios have made a business decision, and they made it quite a few years ago, that the small, original independent arms that they used to have — that would do films in the $20 to $40 million range — they have basically folded them up.

They've gone, "It's not worth the bother. We are just going to focus on the franchises, sequels and the pre-existing known quantities and we are going to make films for four quadrants: younger men, older men, older women, young women, all of them together." And that's the business that studios are now in.

And with that, there's less original fare.
We're fortunate that there [are] new amazing avenues, whether it is Netflix, Amazon or Apple, that can afford to make films at that budget that are completely original. They aren't dependent on the same business practices that film studios are used to. And it is really great because a lot of the original and weird stuff that is now getting made just wasn't getting made. They're the ones being really brave and they are going to discover the next sort of exciting and ambitious films.

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What Maisie Williams wants to work on after 'Game of Thrones'

Williams is working hard on the final episodes of "Game of Thrones." HBO

The 20-year-old actress is already thinking ahead to the future.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Maisie Williams has spent her entire professional acting career working on "Game Of Thrones."

The HBO show has treated the 20-year-old actress very well, too, as she has been able to select different projects while always remaining safe in the knowledge that she could return to the job security and comfort of Arya Stark and "Game Of Thrones."

GETTY

But while Williams is clearly grateful for the opportunities that the show have provided for her, she recently told Metro she is already considering the projects she wants to explore and star in after 'Thrones' depressingly comes to an end in a year or so.

"I want to do something where I am not sad all the time. Something that is not so dark and upsetting," she explained over the phone.

In fact, Williams admitted that her role in the Aardman animation "Early Man," was actually in response to her work on "Game Of Thrones," where she has spent a lot of her time learning how to kill and then doing just that.

"'Early Man' is well on the way to achieving those dreams," Williams continued, before reiterating that she will forever be indebted for the position that the show has put her in.

"I am in a really lucky position after the show to be able to pick and choose what I can do, and take time to figure out what works best."

Williams is working hard on the final episodes of "Game of Thrones," which will air its eighth and final season at some point in 2019.

Before then, though, audiences can see her in the Peter Hutchings' drama "Departures" later this year, and then the "X-Men" spin-off "The New Mutants," which will arrive in February 2019.

You could also head to your local cinema now to hear Williams' vocal efforts in "Early Man," as the film was recently released.

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These Philly high school students are ready for sweet startup success

He Loves Me, He Loves Me Not features white chocolate with edible rose petals. ALL PHOTOS PROVIDED

Bloom Chocolate launched this month at String Theory Charter Schools.

JENNIFER LOGUE
jennifer.logue@metro.us

Looking back on your own high school days, there probably wasn't much emphasis on developing a passion for entrepreneurship.

"All kids are creative, but far too often it's ironically school that drives it out of them," says Dr. Jason Corosanite, co-founder and CIO of String Theory Schools. "We have this system of grades and achievement that is only punitive.

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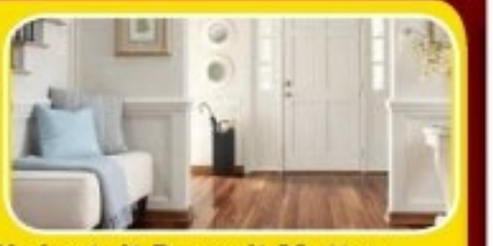

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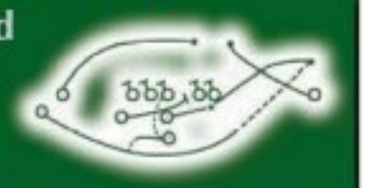

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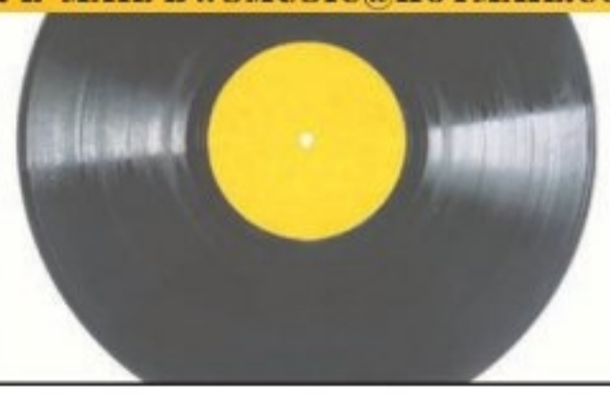

Bloom Chocolates is a student-run startup at Philadelphia Performing Arts, a String Theory Charter School.

This Bloom Chocolate bar is almost too pretty to eat...almost!

You begin at 100 and then start taking points off. Kids in this country don't have a safe place to figure out what type of learner they are or what type of creative they are, whereas in startup culture, it is encouraged to fail fast and fail often."

This month, students at Philadelphia Performing Arts, one of the String Theory Charter Schools, launched their own startup business, Bloom Chocolate.

They're responsible for every step in the process, from coming up with the flavors to molding the chocolates to packaging them and even tackling the marketing.

"The kids had a blast with this," Corosanite says. "They are calling it 'Couture Girlfriend Chocolate.' Can't possibly pick a favorite. Every new one they come up is my favorite."

Flavors include Single & Satisfied (dark chocolate with dried tart cherries), He Loves Me, He Loves Me Not (white chocolate with edible rose petals and rose flavored crystals), Girls Night Out (70% dark chocolate with edible gold-leaf flakes), ManCave (buttermilk ranch white chocolate with a buffalo seasoning drizzle), Lucky You (Lucky Charms cereal in white chocolate), Heartbreaker (milk chocolate with Rice Krispies) and Sorry NOT Sorry (milk chocolate with white and black homemade coating).

You can buy the chocolates for $5 a bar or $20 for five bars. The money raised will go toward other student-run startup businesses at String Theory Schools.

Bloom Chocolate is being sold in the student-run cafe and the lunchroom but will be available elsewhere soon.

"Stay tuned. An online store and pop-up shop is coming," adds Corosanite.

Philadelphia Performing Arts, a String Theory Charter School, is located at 1600 Vine St.

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The science on java consumption reveals a number of benefits for those who quaff plenty of it, and on the regular.

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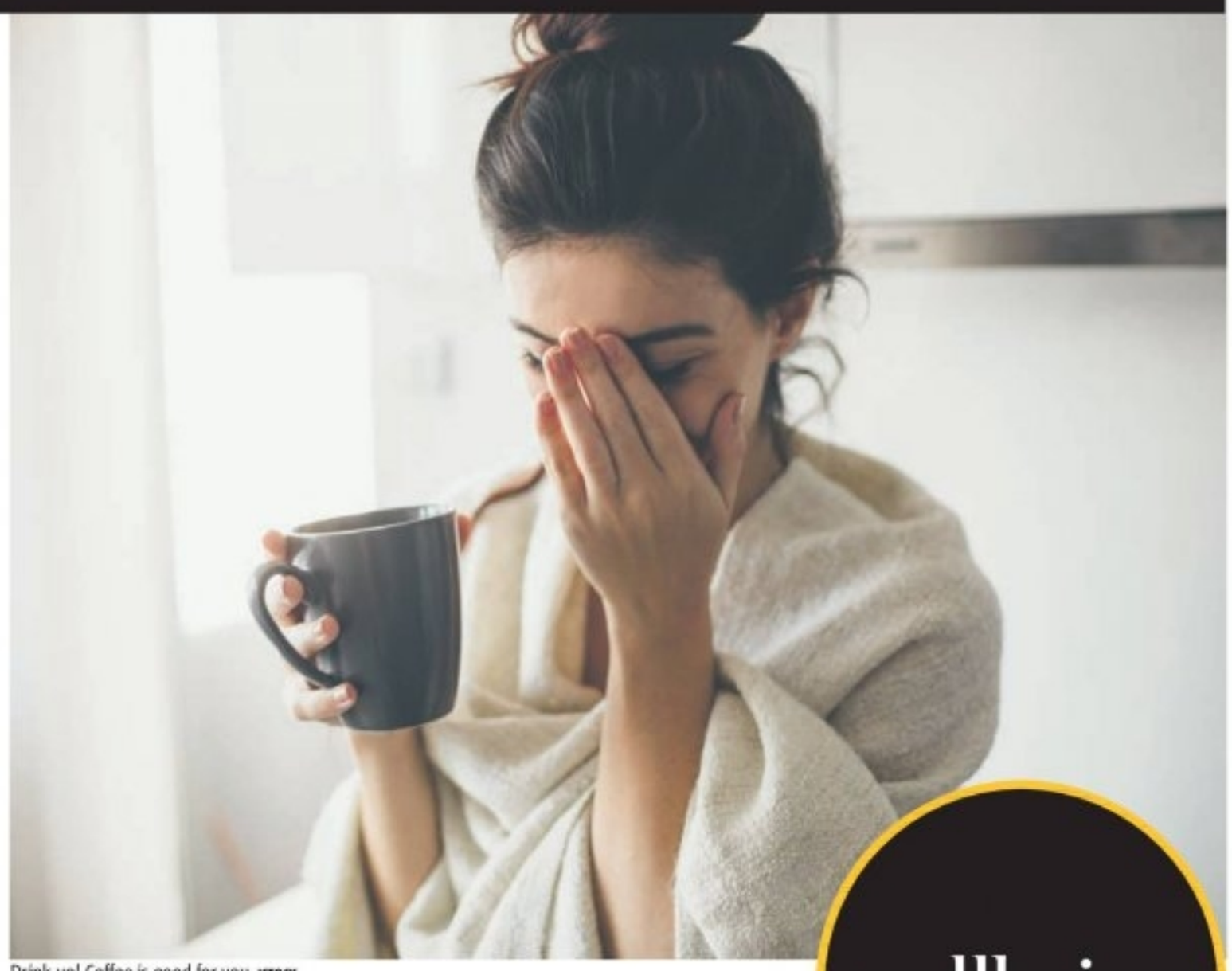

Drink up! Coffee is good for you. ISTOCK

wellbeing

Feel like you can't quite wake up this morning? Go ahead and let your mug runneth over with coffee: The latest science on java encourages regular and plentiful consumption.

An article in the Annual Review of Nutrition looked at 127 meta-analysis studies on coffee-consumption and health, finding that the caffeinated beverage has a resounding number of health benefits.

Researchers from the University of Catania in Italy found evidence in the studies that drinking coffee every day lowers the risk of certain cancers, including breast, colorectal, colon, endometrial and prostate. Some studies pointed to a reduced risk of cardiovascular disease, Parkinson's disease and type 2 diabetes. Prior research has shown that daily coffee drinkers have lower mortality rates compared to non-imbibers.

These benefits are likely due to phytochemicals in coffee, which contain antioxidants and anti-inflammatory properties. And caffeine does more than just perk us up: it helps regulate the liver, insulin and glucose levels and helps repair DNA.

So how many cups a day is the right amount? Several studies pegged the "maximum benefit" at around four to five 8-ounce cups a day, about a liter, or the equivalent to two grande Starbucks servings (380-475 mg). That's a pretty generous amount.

But take care not to have too much more than that: 500 mg of caffeine a day can cause side-effects, like migraines, muscle tremors, accelerated heartbeat, and digestive problems. Because coffee is a diuretic, be sure to drink plenty of water to keep from getting dehydrated. (FYI, it would take something like 50-100 cups of coffee to have a lethal effect, according to USA Today.)

There is one good reason to curb your coffee consumption, the researchers found, and that's if you're pregnant: some studies established a link between caffeine and increased risk of miscarriage. The American Pregnancy Association advises pregnant women keep their daily intake to no more than 200 mg of caffeine, or one 12-ounce cup of joe.

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WHY I'M READY TO GIVE PHILLIES ROOKIE MANAGER KAPLER A CHANCE

If we should have learned any lesson in this great city, it's to avoid prematurely judging the guys hired to run our sports teams. Most of us initially took Charlie Manuel for a bumpkin. Turns out he was wise enough to lead the Phils to a world title.

I laughed aloud when a caller to my WIP radio show predicted the Eagles would hire Doug Pederson in 2016. Well, thanks to Doug, I'm still brushing Super Bowl parade confetti out of my hair.

Dave Hakstol struck me as a department store mannequin. Now the Flyers are the hottest team in the NHL and ... well, I'm still not sold on that head coach. But that's for another column.

Enter Gabe Kapler. The rookie Phils manager quickly, through his oddball statements and quirky philosophies, alienated local old-fart columnists and radio hosts (both clubs of which I am a proud member).

Kapler opened spring training by telling players to toss their alarm clocks and arrive for work when they felt like it. I promise you this never happened under Larry Bowa.

Last weekend, he started a team-wide social media challenge. Kapler paired higher-visibility players with more obscure ones, attempting to gain Instagram followers for the young guys. Old-school sorts clucked at the camaraderie-building effort and then asked, "What the hell is Instagram?"

GLEN MACNOW

OPINION

Glen Macnow has been an outspoken voice in Philly sports for nearly three decades.
@realglenmacnow

But the point is, the Phils didn't hire Kapler to communicate with balding, middle-aged critics. They hired him to reach the next generation of players, who appear poised to lift this franchise out of its torpor.

Can he do it? I don't know. You don't either. But I can't fault Phillies ownership for seeking a new direction.

It's already clear Kapler's players are drawn to his enthusiasm.

"It's his energy," Hoskins told my colleague Leslie Gudel the other day. "Every manager I've had, for the most part — not that they don't have energy, but it's a different kind he brings. It's so persistent. Every day, every moment. To have that constant energy through a 162-game season and beyond will be huge."

Likewise, pitcher Vince Velasquez, who's aiming to avoid perennial struggles with control and injuries, said, "It's amazing how much he brings to the clubhouse and just how alive it is right now."

Velasquez was awed when Kapler, 42, joined players in the Clearwater weight room and outlifted nearly all of them, hoisting four large plates. The closest Charlie Manuel ever got to four large plates was in the team dining room.

Of course none of the Adonis-meets-Energizer-Bunny stuff will amount to anything if Kapler can't get results. If Vinny V continues to brainlessly labor through five innings, no will care if the manager draws gasps during the workouts.

At minimum, these Phils will be intriguing. The team should open the season with 13 players who weren't on last year's Opening Day roster. Youngsters like Rhys Hoskins, J.P Crawford and Jorge Alfaro have the chance to become stars. Perhaps Kapler will be able to pull more from underachievers Odubel Herrera and Maikel Franco. Free agent first baseman Carlos Santana is there to draw walks and serve as everyone's big brother.

The pitching staff? Well, if Kapler can spin gold from that collection of dross, he really could be the next Casey Stengel. Except much handsomer.

I'm eager to watch it unfold. You make your own judgment. Just one favor: Lay off the coconut oil jokes already, OK?

Gabe Kapler is manning his first spring training as a big league manager. GETTY IMAGES

At deadline, Flyers stand pat

The Flyers have been one of the best teams in hockey heading into Monday's NHL trade deadline, giving GM Ron Hextall a new situation to deal with.

Does he sacrifice the still deep farm system to potentially mess up the chemistry, culture and next-man-up mentality that has lifted Philly to a 9-0-2 record in its last 11 games? Or does he let the chips fall where they may on the team as it stands?

It turns out, aside from using waivers to pick up defenseman Johnny Oduya on waivers from Ottawa, (while Mark Alt was claimed by Colorado) the team looks the same today as it did yesterday.

Philly has three of its next four games on the road (in Motreal Monday, home vs. Carolina Thursday, in Tampa and South Florida next week) before hosting rivals the Penguins on March 8. EVAN MACY

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Philly, Big Five could have two NCAA tournament teams as UPenn makes push

The Quakers are playing better than any other Ivy League team, but their timing is off with the second ever conference tournament approaching.

JON MARKS
sports@metro.us

The Quakers and UPenn basketball fans finally have something to celebrate. GETTY IMAGES

The Penn basketball trophy case, which used to overflow with regular additions, has been gathering dust at its current capacity for over a decade.

But that may be about to change after the Quakers took sole possession of the Ivy League with a 74-71 win over Harvard Saturday in a old time Palestra classic.

The 21-7 Quakers, in the midst of their best season since going 22-9 in 2007 (Glen Miller's first year replacing 10-time Ivy champ Fran Dunphy), can complete a task few thought possible when Donahue took over from Jerome Allen in 2015. If they can take care of business on the road against Yale and Brown next weekend they'll wrap up the school's 26th Ivy crown.

And so what if all it means is getting top seed in the new four-team Ivy Tournament back here March 10-11 and they'll have to do it all over again to secure that coveted NCAA bid? Donahue says this might even mean more.

"The 14-game round robin Ivy League championship is what I'm focusing on," Donahue said. "I've been in this league 23 years and there's no other league like that. Pure round robin. A fair back-to-back, dealing with injuries and all. To me that's the sign of a true champion. I know what's waiting for us. But we have so much work left right now. We haven't had a lot of success before, so to celebrate a night like tonight is almost magical."

Especially for those seniors who stuck it out through 9-19, 11-7 and 13-15 seasons to finally be rewarded. Players like Darnell Foreman never lost hope.

"This was always the goal," Foreman said. "It's a credit to my teammates we stuck to it, knowing if we keep working we can possibly get to a point of competing for a championship. But I'm just thinking about next weekend right now."

Still, the way these teams have dominated the Ivies it's hard to imagine they won't be going at it again in two weeks with a spot in the NCAA's Big Dance on the line.

"We're looking forward to it," Brodeur said. "Harvard's a great team. It's always good to have the two best teams in the championship."

But the Quakers will be the first to tell you there's no guarantee. Last year in the inaugural Ivy tournament, after barely squeezing into the four-team field, they had top-seeded Princeton on the ropes, before letting the Tigers escape in overtime.

"Last year [the tournament] worked a little to our benefit," agreed Brodeur. "This year it might work to our detriment. But we always pride ourselves on not taking anything for granted. So we're going into next week trying to get two wins. Then the same for the tournament."

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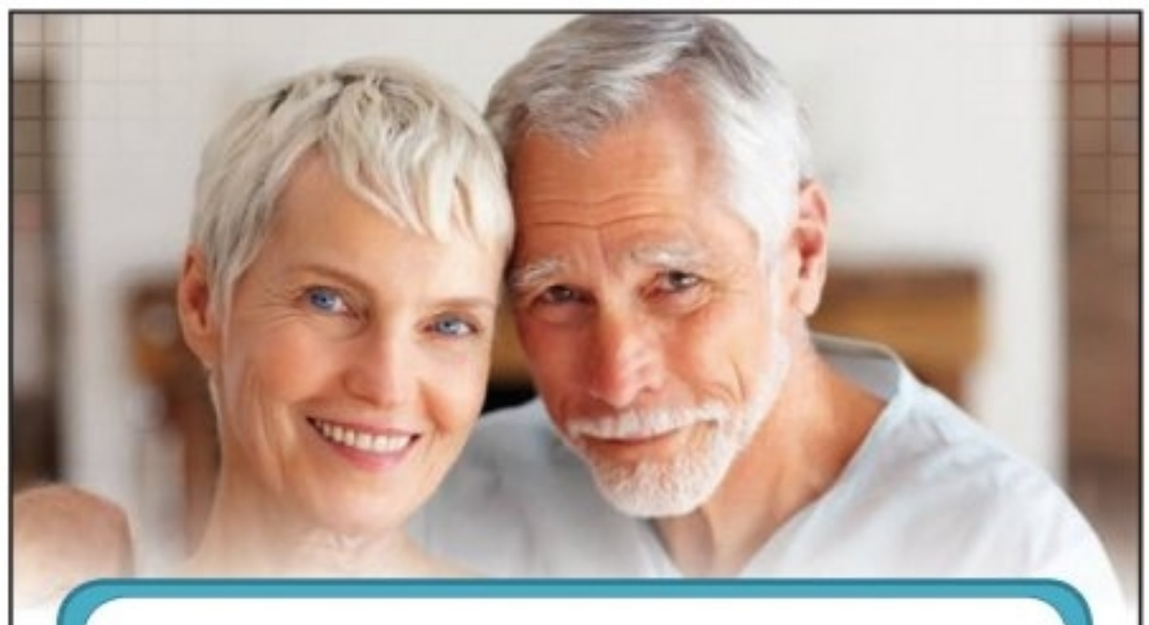

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LIFE CHANGING THERAPEUTICS

New Arthritis Painkiller Works on Contact and Numbs the Pain in Minutes

New cream works faster and is more targeted than oral medications. Key ingredients penetrate the skin within minutes to relieve joint arthritis pain. Users report significant immediate relief.

By Robert Ward
Associated Health Press

BOSTON – Innovus Pharmaceuticals has introduced a new arthritis pain relief treatment that works in minutes.

Sold under the brand name *Apeaz™*, the new pain relief cream numbs the nerves right below the skin.

When applied to an arthritic joint, or a painful area on the body, it delivers immediate relief that lasts for hours and hours.

The powerful painkilling effect is created by the creams active ingredient, a special medical compound.

Anesthetics are used in hospitals during surgery. They block nerve signals from the brain so that patients don't feel pain and they work fast.

The anesthetic found in *Apeaz™* is the strongest available without a prescription.

The cream form allows users to directly target their area of pain. It works where it is applied. The company says this is why the product is so effective and fast acting.

"Users can expect to feel relief immediately after applying," explains Dr. Bassam Damaj, President of Innovus Pharmaceuticals.

"There will a pleasant warming sensation that is followed by a cool, soothing one. This is how you know that the active ingredients have reached the infected joint and tissue."

Works In Minutes

For arthritis suffers, Apeaz offers impressive advantages over traditional medications. The most obvious is how quickly it relieves discomfort.

The cream contains the maximum approved dose of a top anesthetic, which penetrates the skin in a matter of minutes to numb the area that's in pain. This relief lasts for several hours.

Additional ingredients in the cream help suppress inflammation around tissues and joints. Published pre-clinical studies have shown that the ingredients in *Apeaz™* can also prevent further bone and cartilage destruction.

There are also no negative side effects from the oral medication. *Apeaz™* delivers its ingredients through the skin. Oral medications are absorbed in the digestive tract. Overtime, the chemicals in pills can tear the delicate lining of the stomach, causing ulcers and bleeding.

When compared to other arthritis medications, *Apeaz™* is a fraction of the cost. At less than $2 a day, the cream quickly is becoming a household name.

Those with terrible arthritis in their hands and fingers, love how easy Apeaz™ is to open. The jar fits in the palm of the hand, which makes it much easier to use.

Instant Pain Relief Without a Prescription

Many *Apeaz™* users report significant improvements in daily aches and pain. Many more report increased flexibility and less stiffness. They are moving pain free for the first time in years, like Henry Esber, and early user of *Apeaz™*.

"I've tried more pills than I can count. I've also had a handful of cortisone shots. Nothing is as effective as this product. With Apeaz™, I get relief right away. I rub a little on my knees and some through my hands. It keeps the pain away. It also prevents the pain from getting really bad. It's completely changed my life."

How It Works

"*Apeaz™* contains the highest, non-prescription dose of a medical compound that fights pain on contact. When applied to the skin it goes to work within minutes by penetrating right to the source of your pain, numbing the nerve endings."

Apeaz™: Quick Acting Pain and Arthritis Cream is Now Available Without a Prescription

"This is why *Apeaz™* is so effective for people with arthritis. It reduces pain while adding an additional layer of joint protection," explains Damaj.

A New Way to Treat Pain

Although Dr. Damaj and his team say that their cream is the fastest and most effective way to relieve arthritis pain, they believe there is still a reason to take joint pills. **The most effective are those which help to further strengthen and support the joints.**

That's why every container of *Apeaz™* comes with ArthriVarx™, a breakthrough pill that's taking on joint support in an entirely new way.

ArthriVarx™ works on your joints, making it the perfect companion to *Apeaz™*.

"ArthriVarx™ contains special compounds published to lubricate the joints and connective tissues that surrounds them. With daily use, they improve joint health and can give an extra cushion," explains Dr. Damaj.

"When combined with *Apeaz™*, it becomes the perfect system to tackle arthritis. While the anesthetic component of *Apeaz™* is working on the outside, relieving pain on contact, ArthriVarx™ is working on the inside, adding cushioning to the joints"'

A Powerful Combination For Arthritis and Joint Pain

With daily use, *Apeaz™* plus ArthriVarx™ helps users live a more vital, pain free life without any of the negative side effects or interactions associated with oral drugs.

By delivering fast, long-lasting, and targeted relief from joint pain and reducing inflammation and swelling that causes joint damage, Apeaz™ and ArthriVarx™ is the newest, most effective way to tackle your arthritis pain.

You can now enjoy an entirely new level of comfort that's both safe and affordable. It is also extremely effective, especially if nothing else has worked well for you.

How to Get Apeaz™ in Pennsylvania

This is the official public release of *Apeaz™*. As such, the company is offering a special discounted supply to any joint-pain arthritis-sufferer who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all Pennsylvania residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free hotline number is 1-800-431-4413 and will only be open for the next 48 hours. Only a limited discounted supply of *Apeaz™* is currently available in your region.

Consumers who miss out on our current product inventory will have to wait until more becomes available and that could take weeks. Experience the guaranteed *Apeaz™* relief already enjoyed by thousands of consumers. The company advises not to wait. Call 1-800-431-4413 today.

Apeaz™ is an FDA drug with approved claims for the pain relief of the following conditions:

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Court of Common Pleas for the County of Philadelphia, DECEMBER term, 2017, No. 0151.

Notice is hereby given that on FEBRUARY 4, 2018, the petition of: ZEMZEM SALIH was filed, praying for a decree to change her name to: ZEMZEM MOHAMED SEID. The Court has fixed court date MARCH 15, 2018, at 9:30 AM, in Room No. 691 for hearing. All persons interested may appear and show cause if any they have, why the prayer of the said petition should not be granted.

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metro.us/games

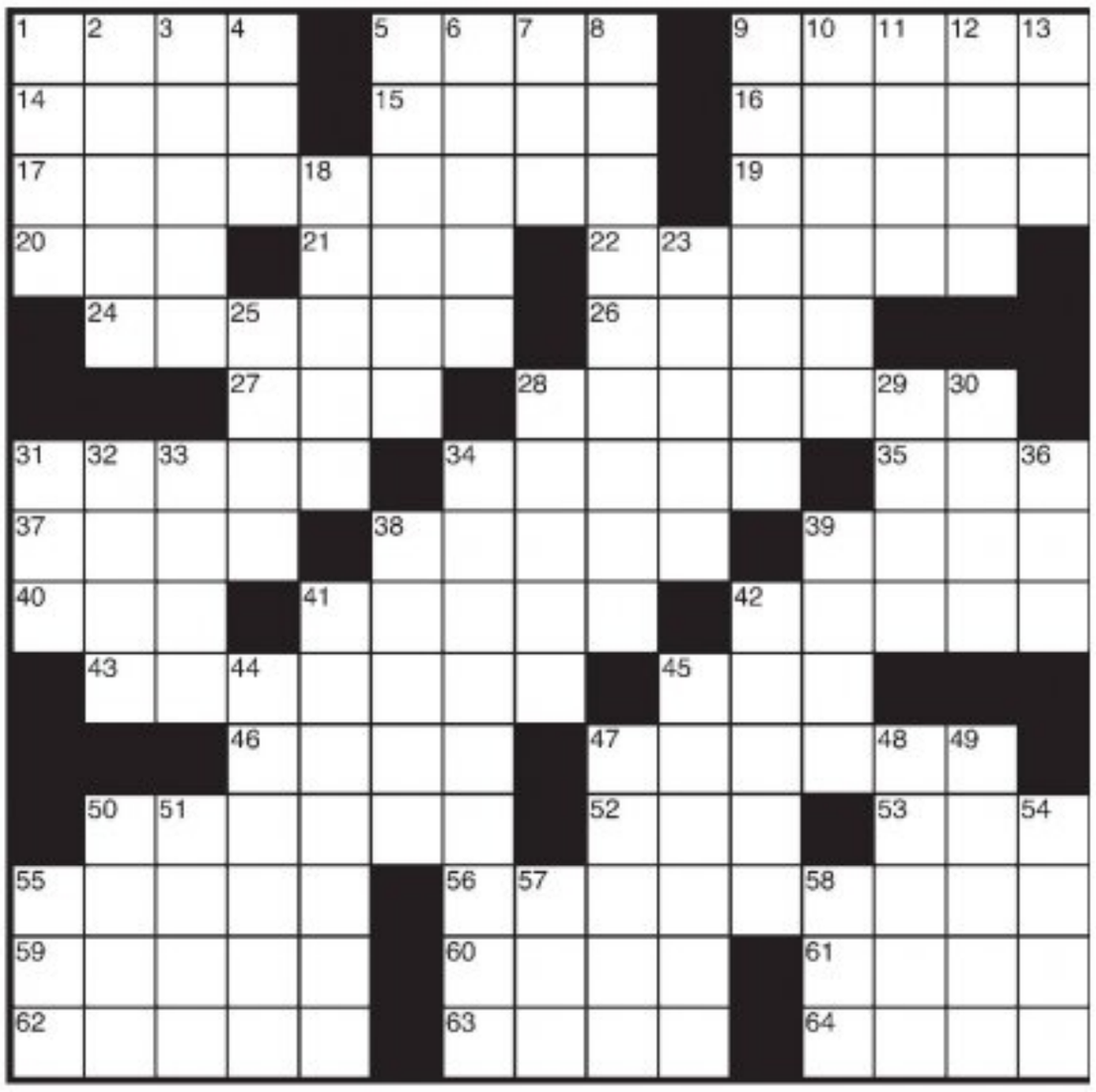
metro.us/crossword

Across

1 Fanatic's feeling
5 Frozen desserts
9 Pungent
14 Famed lioness
15 Firm grasp
16 Flatterer
17 Comic headliner (2 wds.)
19 Flood barrier
20 Chimpanzee
21 Close kin
22 Gawks
24 Puts into law
26 Painter -- Chagall
27 Beluga product
28 Most tedious
31 Change gears
34 Barely move
35 Cabin
37 Opens the window
38 Helen of Troy's lover
39 Adhesives
40 Three -- -- kind
41 Wall Street dread
42 Fruit dessert
43 Dull
45 Question starter
46 Playing cards
47 Was in a brawl
50 Rowboat seat
52 Decompose
53 Have a mortgage
55 Makes like a mule
56 Skin
59 Wears a crown
60 Hourly fee
61 Rescue
62 Kind of rocket
63 Not barefoot
64 Busy European airport

Down

1 Catherine -- -Jones
2 Flee to the J.P. 3 Ski resort in Colorado
4 Chem room
5 Set on fire
6 Finds fault
7 Half of zwei
8 Given to bursts of excitement
9 On the loose (2 wds.)
10 Strong-arm
11 Carry on
12 Fateful date
13 Color
18 English racetrack
23 Perky flavors
25 Woofs
28 Sensational and shocking
29 Feng --
30 Antacid brand
31 -- Paulo, Brazil
32 Stereo (hyph.)
33 Shah's land
34 Staircase parts
36 Recipe meas.
38 Gazette
39 Shipboard quaff
41 "Guernica" painter
42 River rapids
44 Twain lad
45 Like the forest
47 Certain corn chip
48 Marge Simpson's hubby
49 Diagonal pattern
50 Choice on some quizzes
51 Guard's cry
54 Catch sight of
55 Icy remark?
57 Cry of disgust
58 Sorority letter



metro.us/sudoku

easy

5	2						9	3
				9	5	8		
6		9		7			5	
9		7			6			
		3		2		9		
			5			4		1
	9			5		3		7
		6	4	8				
2	3						8	4

hard

5	2						9	3
				9	5	8		
6		9		7			5	
9		7			6			
		3		2		9		
			5			4		1
	9			5		3		7
		6	4	8				
2	3						8	4

metro.us/horoscopes

Aries Take part in a regimen, retreat or seminar that will give you greater vision and strength and the courage to do what pleases you instead of trying to please everyone else.

Taurus Helping others will bring the highest reward. Get out of the house and volunteer your time, services and knowledge to an important cause. Make your actions count.

Gemini Don't trust someone from your past to change and start treating you better. Beware of empty promises and ulterior motives. If you want something done, do it yourself.

Cancer Give everyone around you space to do his or her own thing. If you don't interfere in other people's affairs, you will be offered the same respect and privilege.

Leo You will inspire others if you get involved in a team effort. Anger will mount if someone challenges you. Be ready to make unexpected changes if you want to remain in control.

Virgo The changes you want to make will have to be discussed with everyone affected by your plans. Being up-front will help you gain respect and get the go-ahead.

Libra Civil discussions with partners or people you are trying to help should be followed by action. Keep your promises. Positive change will help to keep the peace.

Scorpio Stay focused on what you can accomplish and refuse to let emotional situations dictate how you move forward. Stay on top of matters that can influence your income.

Sagittarius Tend to your personal finances and investments and negotiate on your own behalf. Don't share personal or financial information with others.

Capricorn You don't have to share personal thoughts or information if you don't want to. Don't feel obligated to do so just because someone is pressuring you.

Aquarius Put more time and effort into important relationships to make your life easier. Sharing, comparing and understanding will encourage trust, loyalty and greater stability.

Pisces Take good care of your health. Refuse to let anyone fluster you or coax you into an argument. You'll accomplish much if you ignore negativity and meddling. EUGENIA LAST

Yesterday's answers

M	U	L	C	H	■	A	R	I	A	■	S	P	E	D
O	M	A	H	A	■	G	A	R	B	■	A	R	E	A
A	P	P	E	N	D	A	G	E	S	■	H	E	L	M
T	S	P	S	■	E	R	E	■	E	L	A	P	S	E
■	■	■	H	I	E	■	S	E	N	O	R	■	■	■
U	N	W	I	N	D	S	■	O	C	T	A	G	O	N
R	O	A	R	S	■	P	A	C	E	S	■	N	A	E
A	B	L	E	■	B	U	S	E	S	■	H	O	S	E
L	E	D	■	R	E	R	U	N	■	F	U	M	E	D
S	L	O	W	E	S	T	■	E	N	D	L	E	S	S
■	■	■	H	E	I	S	T	■	A	A	A	■	■	■
I	M	P	E	D	E	■	B	A	M	■	H	A	S	P
B	A	R	E	■	G	O	O	S	E	B	U	M	P	S
I	D	O	L	■	E	T	N	A	■	B	L	O	C	S
S	E	W	S	■	S	T	E	P	■	C	A	R	A	T

Can't wait until tomorrow to check your answers? Visit **metro.us**

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Don't let **Erectile Dysfunction** impact the best years of your life.

Erectile dysfunction (ED) affects more than 30 million men in the U.S. It is especially common in men with **prostate surgery, diabetes, high blood pressure and obesity**. However, it is now possible to treat almost all men with ED! ED undermines a man's sexual confidence—but successful treatment can help restore it! Many ED treatments are covered by insurance and prescription plans.

Attend a **FREE** Men's Health Community Seminar sponsored by Coloplast Corp. to educate men and their partners about approved ED treatment options. Light refreshments will be served.

Saturday, March 10, 2018
Registration begins at 9:45 am
Presentation 10:00 am—11:00 am

Featuring: Bruce B. Garber, MD, FACS
Urologist Specializing in the treatment of ED

Guest Speaker:
Testimonials from several patients who found a long-term solution for their ED*

Hahnemann Univeristy Hospital
626 Bobst Conference Room
231 North Broad Street
Philadelphia, PA 19102

To reserve your space or for more information about this **FREE** Coloplast Men's Health Community Seminar, please call: (877) 681-1403.

An educational series, sponsored by Coloplast Corp., designed to inform and empower.
www.EDsolution.com
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